



Bais Medrash of Bergenfield

Rabbi Moshe Stavsky, Rabbi

Weekly Newsletter

February 22 – March 1, 2019 י"ח – כ"ד אדר א' תשע"ט

Shabbos Parshas Ki Sisa

Candle Lighting	5:20 PM
Mincha and Kaballas Shabbos	5:22 PM
Shacharis (Hashkama)	7:15 AM
Daf Yomi Shiur	8:15 AM
Shacharis (Main Minyan & Groups)	9:00 AM
Sof Zman Krias Shma	9:24 AM
Tot Shabbat (Adjacent House, Upstairs)	10:30 AM
GALA Kiddush sponsored by Grand and Essex	Following the Main Minyan
Mincha	5:15 PM
Shalosh Seudos	Following Mincha
Ma'ariv	6:15 PM
Havdala	6:22 PM
FINAL Parent Child Learning	7:00 PM

Weekday Schedule

Weekday Minyanim

Shacharis

Sunday (followed by Lattes and Learning)	8:30 AM
Monday and Thursday	6:15 AM
Tuesday, Wednesday and Friday	6:25 AM

Mincha/Maariv

Sunday	5:25 PM
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Maariv

Monday thru Thursday	8:30 PM
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Shiurim + Programming

Monday and Thursday - Chaburah on Maseches Avodah Zarah	9:20 PM
Tuesday - Al Haperek women's Chaburah led by Rebbetzin Stavsky at the home of the Koenig's	9:15 AM
Tuesday night Gemara Shiur with the Rabbi	8:45 PM
Wednesday Night - Women's Tehillim - 11 Alice Place	8:30 PM

To include an announcement, please send it to announcements@bmob.org by Thursday at 10:00 AM.
To join our email list, send an e-mail bmob+subscribe@groups.io with your name and home address.

Announcements

**GALA Kiddush this Shabbos is sponsored by Grand & Essex Market.
Please join in celebrating their 6th Anniversary.
Because when it's time to celebrate, you want to celebrate with your friends and family!**

Welcome to Varda and Marc Berkson who recently joined as full members!

**Parent Child Learning (PCL) CONCLUDES this week at BMOB! LAST ONE!!
Please join us at 7:00 PM on Motzei Shabbos during for learning, Donuts, ice cream, and, of course, prizes!
To sponsor PCL for \$100 this week or in the future, please contact Elad Cnaan at eladcnaan@gmail.com**

**Purim is right around the corner! Once again BMOB is doing a shul-wide Mishloach Manot! All full members will receive a basket, as well as all participating affiliate members. To participate in the Mishloach Manot please click on the following link:
<https://members.bmob.org/form/purim-2019.html>**

**The cost to participate is \$75.00. Deadline to sign up is March 14th.
Thank you and if you have any questions please email us!**

We are looking to put into effect the Community Security Service (CSS) program at our shul. CSS is a program which responds to the increasing threat to the American Jewish community through a series of programs to secure at-risk facilities and institutions.

In order to successfully implement this program, we NEED members (BOTH men AND women) to volunteer and take the upcoming training course. We are looking to assemble a team of AT LEAST 15-20 members who can alternate shifts and weekends. To apply for the training course, please visit <http://css.memberlodge.org> and click on "cadet application." If you are interested in volunteering and/or finding out more, please contact Sabrina Rimer (sabrina@levllev.com) or Ariel Waintraub (awaintraub30@gmail.com).

Youth Department

To celebrate your child's birthday at groups please e-mail bmobgroups@gmail.com.
Please email Elad Cnaan (eladcnaan@gmail.com) and/or David Isaacson (dji215@stern.nyu.edu) if you would like information on volunteer opportunities or sponsoring of events going on in the Youth Committee.
Please Note: At least one parent or guardian must be in the shul AT ALL TIMES while their child is attending groups.

Nursery and Pre-K: *Adjacent House next the Shul (Nursery House)*

Kindergarten thru 2nd Grade Boys: *Youth House Downstairs*

3rd and 4th Grade Boys: *Shul Social Hall*

5th and 6th Grade Boys: *Junior Congregation at Greenbaum's Basement + Social Hall after minyan*

Kindergarten thru 4th Grade Girls: *Youth House Upstairs, Various rooms*

5th and 6th Grade Girls: *Junior Congregation at Greenbaum's Basement + Join 3rd + 4th grade girls after minyan*

All children must be toilet trained. Once in groups, children are not permitted to return to shul, unless picked up by a parent. Parents of children in the youth house must pick up their children before going to the Kiddush. Children will not be released to siblings.

Please pick up your child as soon as *davening* is over, before attending the *kiddush*.

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General Shul Information

Sponsorships: Kiddush Sponsorship: \$160 Basic (1 Kugel + Cold Food); \$450 Hot (Basic + Chulent, Chicken & add'l Kugel); \$585 Gala (Hot + Meatballs). Shalosh Seudos sponsorship: \$75. Parent Child Learning Sponsorship: \$75 Please e-mail Jason Pfeiffer (jasonpfeiffer@gmail.com) to reserve your Shabbos and visit <http://www.bmob.org/sponsorships/> once confirmed, to place your order.

Membership: Please send your membership dues and building fund payments for the fiscal year to Joel Krinitz as soon as possible. There will be envelopes for this purpose in the entryway of the shul. Annual dues are \$700 for each member family and \$275 for each affiliate member family, and the building fund for each member family is \$1,000 per year for ten years. Please send checks to 139 Dudley Drive, Bergenfield NJ. Anyone who is unable to pay these amounts due to financial hardship should contact Josh Slomnicki (josh.slomnicki@gmail.com) or Jason Koenig (president@bmbob.org) to arrange for an alternative arrangement. Please note that you can now make all payments/donations to the Shul via the Shul's Paypal account: <http://www.bmbob.org/donate/> and fill out our new members sign-up sheet by visiting <http://www.bmbob.org/contact/>.

Ritual Committee Information: We collect the Hebrew names of each member/affiliate member of our shul for the purposes of being called up for the Torah. Please fill out the form located at via <http://tinyurl.com/bmbobname>. Similarly, anyone who would like to lein for any Shabbos or Yuntif, please email Leiber Schachter (Leigh.Schachter@verizonwireless.com) to confirm availability.

Our **Sisterhood** arranges meals for members with new babies. If you are interested in making a meal or would like to have meals arranged for your family, please contact Rachel Neufeld (rachneufeld@gmail.com). To get involved in the sisterhood please email sisterhoodbmbob@gmail.com.

For **Sisterhood** event information or volunteer opportunities, please contact Rebecca Adler, Lauren Hagler, Samantha Levenbrown and Sara Mechlin at sisterhoodbmbob@gmail.com. Please also find our Sisterhood on Facebook at BMOB Sisterhood or Instagram at @thebmbobsisterhood

Welcoming Committee: Please contact Leah Gottlieb, Mati Goldstein and Sara Mechlin at bmbobwelcomingcommittee@gmail.com if you are a new family or know of a new family that has moved into the community!

Message from the Bergenfield Police Department: Please use the crosswalks when crossing. Also, please make eye contact with drivers to ensure they are stopping, and when the vehicles stop, proceed swiftly across the street, paying attention to traffic at all times. Please wear bright clothing, especially at night time, or utilize reflective tape on yourself and strollers.

Community Announcements

The biggest Aliyah event of the year is taking place on Sunday, March 10th, from 10 AM to 4 PM at the Glenpointe Marriott in Teaneck, NJ. Join Nefesh B'Nefesh for informative Aliyah sessions and a large vendor fair featuring a wide range of Israeli service providers.

If you're a medical professional, this is also your opportunity to meet with Israeli Ministry of Health representatives and get a head start on licensing – this is an opportunity not to be missed. For details and registration, please visit <https://www.nbn.org.il/mega-events/mega-event-2019>.

She'arit ha-Plate of Bergen County, a volunteer, non-profit organization that collects excess kosher food from restaurants and smachot and distributes it discretely to people who can use it, is looking for a new site. We currently occupy a garage attached to a single-family home in Teaneck, an arrangement that has worked very well for many years, but the home will soon be put on the market and we will need to move. We are therefore looking for a new site in the Teaneck area. If you potentially have available space or know of others who might have space available for our operation, please contact Daniel Chazin, DChazin@aol.com, 201-835-5338.

Rabbi Steven Pruzansky will be leading a Congregation Bnai Yeshurun Jewish Heritage Trip to Latvia, Lithuania and Belarus from May 13-20, 2019. We will be exploring Riga, Dvinsk, Boisk, Vilna, Kovno, Radin and Volozhin, among other places. Shabbat will be celebrated in Vilna. The resident historian will be Rav Avraham Krieger, founder of Shem Olam. There are about ten spots left, and we invite

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members of the community to join. Those interested should contact Rabbi Pruzansky at Rabbi@BnaiYeshurun.org or log onto <http://heritageseminars.org/eventsarchive/congregation-bnei-yeshurun-seminar/>

Life's challenges can often leave us feeling lost. Whether one is new to a community or a long time resident, loneliness, stress and depression can be the natural result of our over-scheduled lives. Jewish Family and Children's Services is available to help you come to terms with some of these issues, and to develop coping strategies. Whether someone is experiencing financial stress, marital discord or other relationship challenges, help is available. We are also available to consult with and for children who may be going through life stresses of their own. All calls are confidential and are handled with sensitivity to personal values and differing cultures. Please feel free to contact Paula Rozner at 201-978-2529; paular@jfcnnj.org. The agency link is www.jfcnnj.org.

We welcome any family member with a loved one suffering from addiction and substance abuse issues to our local support group, which meets every other Wednesday evening in Teaneck. The group is free of charge and is facilitated by clinicians specializing in addiction. For more information and the time/location of the meeting, please email: Time2TalkAddiction@gmail.com. For more information about CCSA, please visit our website: www.Time2TalkAddiction.org. Communities Confronting Substance Abuse, Inc. is a nonprofit corporation founded with the goals of bringing awareness, education, prevention and programming regarding substance abuse and addiction to local communities. Please visit our website at www.Time2TalkAddiction.org for information on prevention of substance abuse, resources for treatment and help, guidance on how to talk to our children, and critical information on marijuana, vaping, prescription medication, and other topics.

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