



## Bais Medrash of Bergenfield

Rabbi Moshe Stavsky, Rabbi

### Weekly Newsletter

June 14 - 21, 2019 י"ב - י"ח סיון תשע"ט

### Shabbos Parshas Nasso

Candle Lighting .....	8:11 PM
Mincha and Kaballas Shabbos .....	7:00 PM
Shacharis (Hashkama) .....	7:15 AM
Daf Yomi Shiur .....	8:15 AM
Shacharis (Main Minyan & Groups).....	9:00 AM
Sof Zman Krias Shma .....	9:10 AM
Tot Shabbat (Adjacent House, Upstairs).....	10:30 AM
MAZEL TOV Kiddush sponsored by the Stavsky's .....	Following the Main Minyan
<b>Early Mincha .....</b>	<b>5:00 PM</b>
<b>Beis Medrash Program.....</b>	<b>5:20 PM – 6:00 PM</b>
"Lessons on the Parsha" Shiur with Avi Retter.....	7:40 PM
Late Mincha.....	8:10 PM
Shalosh Seudos .....	following Mincha
Ma'ariv .....	9:10 PM
Havdala .....	9:15 PM

### Weekday Schedule

#### Weekday Minyanim

Shacharis

Sunday

Shacharis.....8:30 AM

Monday and Thursday .....

Tuesday, Wednesday and Friday .....

Mincha/Maariv

**Sunday thru Thursday.....8:15 PM**

#### Shiurim + Programming

Monday and Thursday - Chaburah on Maseches Avodah Zarah.....9:20 PM

Tuesday - Al Haperek women's Chaburah led by Rebbetzin Stavsky at the home of the Koenig's.....9:15 AM

**Tuesday night Gemara shiur with the Rabbi on Maseches Brachos.....8:45 PM**

Wednesday Night - Women's Tehillim - 11 Alice Place.....8:30 PM

To include an announcement, please send it to [announcements@bmob.org](mailto:announcements@bmob.org) by Thursday at 10:00 AM.

To join our email list, send an e-mail [bmob+subscribe@groups.io](mailto:bmob+subscribe@groups.io) with your name and home address.

## Announcements

Mazel Tov to Ora Temima Stavsky upon her Bat Mitzvah this Shabbos!  
Mazel Tov to grandparents Janet and Mattis Stavsky, and Helen and Manny Adler!  
Mazel tov to Ora Temima's parents, Rabbi and Rebbetzin Stavsky!

**MAZEL TOV** Kiddush this week is sponsored by the Stavsky's in Ora Temima's honor.

Mazel Tov to Deana and Marshall Altman and family upon the birth of a baby boy!  
שיזכו לגדלו לתורה חופה ולמעשים טובים ויכניסו בבריתו של אברהם אבינו בזמנו  
The Shalom Zachar will iy"H take place from 9:00 PM - 10:30pm at 60 Hallberg Ave.

Mazel Tov to Sarah and Andre Kahn on the birth of a baby boy!  
שיזכו לגדלו לתורה חופה ולמעשים טובים ויכניסו בבריתו של אברהם אבינו בזמנו  
The Shalom Zachar will iy"H take place at 8:45 PM at 1256 Emerson avenue in Teaneck.

Mazel Tov to Jill and Aaron Hartman upon the birth of a baby boy!  
שיזכו לגדלו לתורה חופה ולמעשים טובים ויכניסו בבריתו של אברהם אבינו בזמנו

Mazel Tov to Debbie and Rabbi Ethan Katz on the marriage of their daughter, Talia, to Elad Bachar in Israel!

The community extends its deepest sympathies to Eli Skoczylas and the entire Skoczylas family  
upon the loss of Eli's father, Dr. Tali Skoczylas.

Please consult your emails for the *Shiva* details

*May the family be comforted among the mourners of Zion and Jerusalem*

BMOB will have its annual Kiddush in honor of graduates on Shabbos, June 22. Please let Jason Koenig know if you are  
interested in being a sponsor for the Kiddush.

The cost will be \$75 per sponsor.

Come learn in our open Beis Medrash from 5:20 – 6:00 PM on Shabbos Afternoon!

Snacks and drinks will be available throughout the program in the lobby and the program is open to all children and parents!

We want to express our gratitude to the families that have already contributed to our capital campaign.  
While we understand that not every family is in a position to contribute, we are asking our member families to prioritize their  
tzedaka giving to the campaign at whatever level they are able. Please consult your email for a full update on our campaign  
efforts and construction status. For all inquiries regarding the capital campaign, please reach out to Daniel Barzideh  
(dbarzideh@gmail.com).

### Youth Department

To celebrate your child's birthday at groups please e-mail [bmobgroups@gmail.com](mailto:bmobgroups@gmail.com).

Please email Elad Cnaan ([eladcnaan@gmail.com](mailto:eladcnaan@gmail.com)) and/or David Isaacson ([dji215@stern.nyu.edu](mailto:dji215@stern.nyu.edu)) if you would like information  
on volunteer opportunities or sponsoring of events going on in the Youth Committee.

Please Note: At least one parent or guardian must be in the shul AT ALL TIMES while their child is attending groups.

**Nursery and Pre-K:** *Adjacent House next the Shul (Nursery House)*

**Kindergarten thru 2<sup>nd</sup> Grade Boys:** *Youth House Downstairs*

**3<sup>rd</sup> and 4<sup>th</sup> Grade Boys:** *Shul Social Hall*

**5<sup>th</sup> and 6<sup>th</sup> Grade Boys:** *Junior Congregation at Greenbaum's Basement + Social Hall after minyan*

**Kindergarten thru 4<sup>th</sup> Grade Girls:** *Youth House Upstairs, Various rooms*

**5<sup>th</sup> and 6<sup>th</sup> Grade Girls:** *Junior Congregation at Greenbaum's Basement + Join 3<sup>rd</sup> + 4<sup>th</sup> grade girls after minyan*

To include an announcement, please send it to [announcements@bmob.org](mailto:announcements@bmob.org) by Thursday at 10:00 AM.

To join our email list, send an e-mail [bmob+subscribe@groups.io](mailto:bmob+subscribe@groups.io) with your name and home address.

*All children must be toilet trained. Once in groups, children are not permitted to return to shul, unless picked up by a parent. Parents of children in the youth house must pick up their children before going to the Kiddush. Children will not be released to siblings.*

**Please pick up your child as soon as davening is over, before attending the kiddush.**

### General Shul Information

**Sponsorships:** Kiddush Sponsorship: \$160 Basic (1 Kugel + Cold Food); \$450 Hot (Basic + Chulent, Chicken & add'l Kugel); \$585 Gala (Hot + Meatballs). Shalosh Seudos sponsorship: \$75. Parent Child Learning Sponsorship: \$75 Please e-mail Jason Pfeiffer (jasonpfeiffer@gmail.com) to reserve your Shabbos and visit <http://www.bmob.org/sponsorships/> once confirmed, to place your order.

\*\*\*\*\*

**Membership:** Please send your membership dues and building fund payments for the fiscal year to Joel Krinitz as soon as possible. There will be envelopes for this purpose in the entryway of the shul. Annual dues are \$700 for each member family and \$275 for each affiliate member family, and the building fund for each member family is \$1,000 per year for ten years. Please send checks to 139 Dudley Drive, Bergenfield NJ. Anyone who is unable to pay these amounts due to financial hardship should contact Josh Slomnicki (josh.slomnicki@gmail.com) or Jason Koenig (president@bmbob.org) to arrange for an alternative arrangement. Please note that you can now make all payments/donations to the Shul via the Shul's Paypal account: <http://www.bmbob.org/donate/> and fill out our new members sign-up sheet by visiting <http://www.bmbob.org/contact/>.

\*\*\*\*\*

**Ritual Committee Information:** We collect the Hebrew names of each member/affiliate member of our shul for the purposes of being called up for the Torah. Please fill out the form located at via <http://tinyurl.com/bmobname>. Similarly, anyone who would like to lein for any Shabbos or Yuntif, please email Leiber Schachter (Leigh.Schachter@verizonwireless.com) to confirm availability.

\*\*\*\*\*

Our **Sisterhood** arranges meals for members with new babies. If you are interested in making a meal or would like to have meals arranged for your family, please contact Rachel Neufeld ([rachneufeld@gmail.com](mailto:rachneufeld@gmail.com)). To get involved in the sisterhood please email [sisterhoodbmbob@gmail.com](mailto:sisterhoodbmbob@gmail.com).

\*\*\*\*\*

For **Sisterhood** event information or volunteer opportunities, please contact Rebecca Adler, Lauren Hagler, Samantha Levenbrown and Sara Mechlin at [sisterhoodbmbob@gmail.com](mailto:sisterhoodbmbob@gmail.com). Please also find our Sisterhood on Facebook at BMOB Sisterhood or Instagram at @thebmbobsisterhood

\*\*\*\*\*

**Welcoming Committee:** Please contact Leah Gottlieb, Mati Goldstein and Sara Mechlin at [bmbobwelcomingcommittee@gmail.com](mailto:bmbobwelcomingcommittee@gmail.com) if you are a new family or know of a new family that has moved into the community!

\*\*\*\*\*

**Message from the Bergenfield Police Department:** Please use the crosswalks when crossing. Also, please make eye contact with drivers to ensure they are stopping, and when the vehicles stop, proceed swiftly across the street, paying attention to traffic at all times. Please wear bright clothing, especially at night time, or utilize reflective tape on yourself and strollers.

### Community Announcements

The next "kavana" minyan will be the first "regular" Sunday after Rosh Chodesh. That would be this Sunday, June 16, at Keter Torah (600 Roemer Ave, Teaneck, NJ), in the Beit Midrash, at 8am.

\*\*\*\*\*

Nitzanei Noam Summer program for 2-3 year olds - Nitzanei Noam, located in Bnai Yeshurun, Teaneck, is accepting applications for its 2-3 year old summer program. Experienced head counselor, fun junior counselors, outdoor climbing and play area, outdoor water play, dynamic daily programming and learning, music, yoga and more. Hours are 9:00am-3:00pm with early drop off and late pick up available. For more information visit [www.yeshivatnoam.org](http://www.yeshivatnoam.org), call Morah Joyce Buckman at 201-836-6871, or email her at [jbuckman@yeshivatnoam.org](mailto:jbuckman@yeshivatnoam.org).

\*\*\*\*\*

She'arit ha-Plate of Bergen County, a volunteer, non-profit organization that collects excess kosher food from restaurants and smachot and distributes it discretely to people who can use it, is looking for a new site. We currently occupy a garage attached to a single-family home in Teaneck, an arrangement that has worked very well for many years, but the home will soon be put on the market and we will

*To include an announcement, please send it to [announcements@bmbob.org](mailto:announcements@bmbob.org) by Thursday at 10:00 AM.*

*To join our email list, send an e-mail [bmbob+subscribe@groups.io](mailto:bmbob+subscribe@groups.io) with your name and home address.*

need to move. We are therefore looking for a new site in the Teaneck area. If you potentially have available space or know of others who might have space available for our operation, please contact Daniel Chazin, DChazin@aol.com, 201-835-5338.

\*\*\*\*\*

Life's challenges can often leave us feeling lost. Whether one is new to a community or a long time resident, loneliness, stress and depression can be the natural result of our over-scheduled lives. Jewish Family and Children's Services is available to help you come to terms with some of these issues, and to develop coping strategies. Whether someone is experiencing financial stress, marital discord or other relationship challenges, help is available. We are also available to consult with and for children who may be going through life stresses of their own. All calls are confidential and are handled with sensitivity to personal values and differing cultures. Please feel free to contact Paula Rozner at 201-978-2529; paular@jfcnnj.org. The agency link is [www.jfcnnj.org](http://www.jfcnnj.org).

\*\*\*\*\*

We welcome any family member with a loved one suffering from addiction and substance abuse issues to our local support group, which meets every other Wednesday evening in Teaneck. The group is free of charge and is facilitated by clinicians specializing in addiction. For more information and the time/location of the meeting, please email: Time2TalkAddiction@gmail.com. For more information about CCSA, please visit our website: [www.Time2TalkAddiction.org](http://www.Time2TalkAddiction.org). Communities Confronting Substance Abuse, Inc. is a nonprofit corporation founded with the goals of bringing awareness, education, prevention and programming regarding substance abuse and addiction to local communities. Please visit our website at [www.Time2TalkAddiction.org](http://www.Time2TalkAddiction.org) for information on prevention of substance abuse, resources for treatment and help, guidance on how to talk to our children, and critical information on marijuana, vaping, prescription medication, and other topics.

\*\*\*\*\*

*To include an announcement, please send it to [announcements@bmob.org](mailto:announcements@bmob.org) by Thursday at 10:00 AM.  
To join our email list, send an e-mail [bmob+subscribe@groups.io](mailto:bmob+subscribe@groups.io) with your name and home address.*